



HEALTH AND FITNESS

By DR Smart Investments

CATALOG 2024

FIT4GYM MUSCULAÇÃO
POWER LINE



THE PURPOSE OF FIT4GYM HEALTH AND FITNESS
IS TO CREATE A HEALTHIER WORLD

STRENGTH FITNESS EQUIPMENT, BASED ON THE
ERGONOMICS, IS A TYPE OF FITNESS TRAINING EQUIPMENT
THAT SHAPES BODY FITNESS, DEVELOPS MUSCLES AND
ENHANCES HUMAN STRENGTH. THIS KIND OF EQUIPMENT IS
SIMPLE AND SAFE IN STRUCTURE AND SPECIFIC IN
FUNCTION; IT CAN BE ROUGHLY DIVIDED INTO ADVANCED
ANTI-RESISTANCE EXERCISE RACKS SUCH AS FOREARM
FLEXION AND EXTENSION TRAINER, HIGH AND LOW TENSION
BACK MUSCLE TRAINER, LEG PRESS TRAINER, ETC. AND
EXTREMELY COMMON FITNESS EQUIPMENT.

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NOTE: The prices of this catalog may change depending on market fluctuations.



SERIE Quotation (Lifegym Insignia) Pag.1					
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3001	Chest Press	2 685,00 €		1450*1320*1800	228
F4G-F2-3002	Pectoral Fly	2 655,00 €		1270*970*1630	218
F4G-K5/F2-3003	Pectoral Fly/Rear Delt	2 685,00 €		1420*1470*2040	224

SERIE		Quotation (Lifegym Insignia)			Pag.2
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3004	Seated Row	2 670,00 €		1420*1520*1630	194
F4G-F2-3005	Lat Pulldown	2 670,00 €		1370*1320*1980	219
F4G-F2-3006	Pulldown/Low Row	2 805,00 €		2010*1270*2210	200

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3007	Shoulder Press	2 685,00 €		1460*1090*1630	207
F4G-F2-3008	Lateral Raise	2 670,00 €		1220*1090*1630	209
F4G-F2-3009	Biceps Curl	2 760,00 €		920*1520*1630	213

SERIE		Quotation (Lifegym Insignia)			Pag.4
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3010	Triceps Extension	2 685,00 €		1630*1090*1630	225
F4G-F2-3011	Leg Extension	2 760,00 €		1450*1070*1620	246
F4G-F2-3012	Seated Leg Curl	2 760,00 €		1570*1070*1620	257

SERIE		Quotation (Lifegym Insignia)			Pag.5
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3013	Prone Leg Curl	2 685,00 €		1560*1070*1630	223
F4G-F2-3014	Seated Leg Press	3 300,00 €		2010*1090*1780	257
F4G-F2-3015	Rotary Calf	2 865,00 €		1570*1020*1620	223

SERIE		Quotation (Lifegym Insignia)			Pag.6
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3016	Adductor	2 685,00 €		1600*740*1630	177
F4G-F2-3017	Abductor	2 685,00 €		1600*740*1630	177
F4G-F2-3017A	Adductor/Abductor	2 910,00 €		1580*785*1480	180
F4G-F2-3018	Glute Machine	2 670,00 €		1830*910*1630	203

SERIE Quotation (Lifegym Insignia) Pag.7					
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3019	Back Extension	2 670,00 €		1650*990*1830	290
F4G-F2-3020	Abdominal Crunch	2 670,00 €		1320*1190*1620	196
F4G-F2-3021	Totary Torso	2 745,00 €		1350*1120*1620	218

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3022	Assisted Chin/Dip	3 150,00 €		1340*1700*2250	279
F4G-F2-3023	Leg Press	3 450,00 €		1520*1150*1150	230
F4G-F2-3024	Smith Machine	3 300,00 €		1240*2210*2370	263
F4G-F2-3025	Cable Crossover	3 600,00 €		750*4240*2390	337

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3025A	Jungle Machine (4-stack)	5 100,00 €		3390*1660*2400	760
F4G-F2-3025B	Jungle Machine (5-stack)	6 700,00 €		5200*1660*2400	910
F4G-F2-3025C	Jungle Machine (8-stack)	10 600,00 €		5680*3780*2400	1530

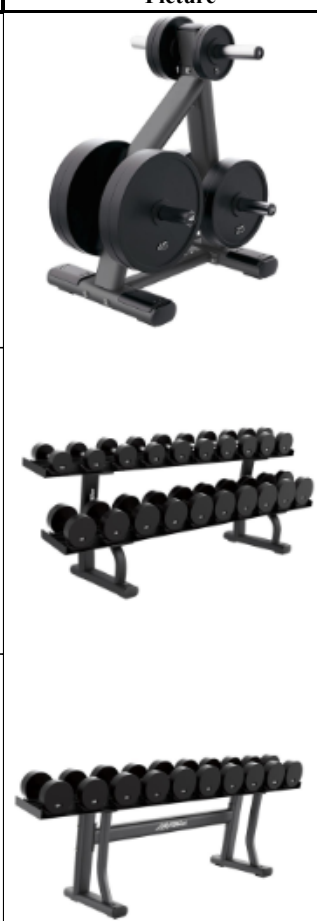
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3026	Functional Trainer	3 300,00 €		1120*1570*2360	305
F4G-F2-3027	Olympic Incline Bench	1 050,00 €		1300*1470*1440	84
F4G-F2-3028	Olympic Flat Bench	930,00 €		1300*1245*1300	68

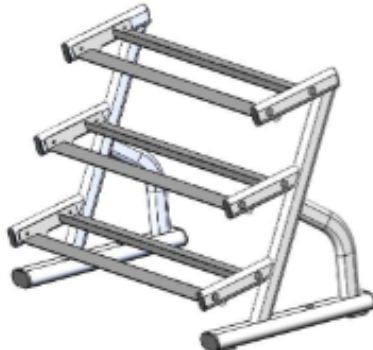
SERIE		Quotation (Lifegym Insignia)			Pag.11
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3029	Olympic Decline Bench	1 110,00 €		1300*1730*1300	95
F4G-F2-3030	Luxuary Olympic Flat Bench	1 065,00 €		430*710*1245	98
F4G-F2-3031	Barbell Rack	705,00 €		880*970*1560	77

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3032	Squat Rack	1 320,00 €		1680*1970*1920	182
F4G-F2-3033	Olympic Seated Bench	1 065,00 €		1295*1220*1680	148
F4G-F2-3034	Flat Bench	480,00 €		1170*800*420	30

SERIE Quotation (Lifegym Insignia) Pag.13					
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3035	Vertical Bench	480,00 €		710*900*900	23
F4G-F2-3036	Adjustable Bench	620,00 €		1600*740*1630	83
F4G-F2-3037	Roman Chair	510,00 €		1270*940*970	73

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3038	Adjustable Abdominal Bench	570,00 €		1600*740*1630	80
F4G-F2-3039	Preacher Curl	825,00 €		840*1190*1170	95
F4G-F2-3040	Chin/Dip/Leg Raise	1 260,00 €		1140*1270*2330	111

SERIE		Quotation (Lifegym Insignia)			Pag.15
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3041	Olympic Plate Rack	450,00 €		590*690*940	43
F4G-F2-3042	Dumbbell Rack (10 pairs)	825,00 €		2290*640*840	125
F4G-F2-3042A	Dumbbell Rack (5 pairs)	705,00 €		2290x560x740	87

SERIE		Quotation (Lifegym Insignia)			Pag.16	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-F2-3042B	Dumbbell Rack (9 pairs)	825,00 €		1380*770*980	130	
F4G-F2-3043	Handle Rack	705,00 €		760*760*970	64	
F4G-F2-3044	Bosu Leg Raise	1 125,00 €		1170x840x1630	64	

SERIE		Quotation (Lifegym Insignia)			Pag.17
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-3045	AB Crunch	1 185,00 €		1170x840x1630	64
F4G-F2-3046	V Squat	2 055,00 €		2150*1620*1770	228
F4G-F2-3047	Seated Calf	1 635,00 €		1550*740*1070	96

Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-2001	Biceps Curl	1 800,00 €		1270x1170x1350	102
F4G-F2-2002	Calf Raise	1 635,00 €		1270x760x1400	96
F4G-F2-2003	Decline Chest Press	1 920,00 €		1300x1370x1730	138

SERIE		Quotation (Lifegym Signature plate loaded)			Pag.19
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-2004	Front Pulldown	1 935,00 €		1650x1040x2030	130
F4G-F2-2005	High Row	1 935,00 €		1550x1040x2010	148
F4G-F2-2006	Incline Chest Press	1 920,00 €		1270x1500x1680	132

SERIE Quotation (Lifegym Signature plate loaded) Pag.20					
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-2007	Kneeling Leg Curl	1 935,00 €		1090x1270x1190	112
F4G-F2-2008	Leg Extension	1 920,00 €		1420x1370x1450	125
F4G-F2-2009	Seated Leg Press	2 955,00 €		2000x1600x1550	255

SERIE Quotation (Lifegym Signature plate loaded) Pag.21					
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-F2-2010	Seated Row	1 920,00 €		1500x1270x1300	129
F4G-F2-2011	Seated Dip	1 905,00 €		1680x1550x1070	115
F4G-F2-2012	Shoulder Press	1 935,00 €		1380x1470x1750	128

SERIE		Hoist Pin loaded			Pag.22
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-01	Seated Dip	2 475,00 €		1520x1260x1390	248
F4G-R1-02	Biceps Curl	2 475,00 €		1640x1500x1480	250
F4G-R1-02A	Biceps Curl/ Triceps Extension	2 790,00 €		1300x1250x1440	238

SERIE		Hoist Pin loaded		Pag.23	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-03	Lat Pulldown	2 610,00 €		1670x1500x2180	258
F4G-R1-03A	Lat Pulldown/Mid Row	2 790,00 €		1680x1250x2210	260
F4G-R1-04	Seated Midrow	2 610,00 €		1710x1210x1390	255

SERIE		Hoist Pin loaded		Pag.24	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-05	Chest Press	2 490,00 €		1510x1540x1460	251
F4G-R1-05A	Chest Press/ Shouder Press	2 790,00 €		1550x1580x1500	253
F4G-R1-06	Leg Extension	2 490,00 €		1170x1350x1520	255

SERIE		Hoist Pin loaded			Pag.25
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-06A	Leg Extension/ Leg Curl	2 790,00 €		1270x1300x1440	252
F4G-R1-07	Leg Curl	2 550,00 €		1310x1350x1530	268
F4G-R1-07A	Prone Leg Curl	2 565,00 €		1390x1160x1400	246

SERIE		Hoist Pin loaded			Pag.26
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-08	Leg Press	2 610,00 €		1900x1280x1410	288
F4G-R1-08A	Leg Press/Calf Raise	2 880,00 €		1270x1780x1410	282
F4G-R1-09	Shoulder Press	2 505,00 €		1700x1360x1390	244

SERIE		Hoist Pin loaded		Pag.27	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-09A	Lateral Raise	2 520,00 €		1500x1200x1440	250
F4G-R1-10	Abdominals	2 550,00 €		1040x1610x1560	256
F4G-R1-10A	AB Crunch/Low Back	2 790,00 €		1220x1330x1400	246

SERIE		Hoist Pin loaded		Pag.28	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-11	Pec Fly	2 535,00 €		1870x1630x1410	260
F4G-R1-11A	Pec Fly/Rear Delt	2 790,00 €		1750x1420x1790	307
F4G-R1-12	Inner Thigh	2 505,00 €		1730x950x1440	250
F4G-R1-13	Outer Thigh	2 505,00 €		1730x950x1440	250

SERIE		Hoist Pin loaded			Pag.29	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-13A	Inner Thigh/ Outer Thigh	2 790,00 €		1730x820x1440	253	
F4G-R1-14	Low Back	2 490,00 €		1720x1410x1390	240	
F4G-R1-15	Rotary Calf	2 520,00 €		1820x1260x1390	258	

SERIE		Hoist Pin loaded			Pag.30	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-16	Glute Master	2 550,00 €		1340x1460x1390	258	
F4G-R1-16A	Rotary Torso	2 490,00 €		1160x1070x1440	205	
F4G-R1-17	Chin Dip Assist	2 985,00 €		1690x1220x2540	259	

SERIE		Hoist Pin loaded		Pag.31	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-18	Cable Crossover	4 140,00 €		3980x1000x2350	370
F4G-R1-18A	4 Station - Single Pod	5 370,00 €		1940x3620x2360	650

SERIE		Hoist Pin loaded		Pag.32	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-18B	9 Station - Single Pod	7 160,00 €		5980x3620x2360	1375
F4G-R1-18C	Adjustable Functional Trainer	3 555,00 €		1120x1550x2340	380
F4G-R1-18D	Half Cage	2 994,00 €		1520x1630x2420	178

SERIE		Hoist Pin loaded			Pag.33	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-18E	6 Station - Single Pod	4 780,00 €		4950x3620x2360	915	
F4G-R1-18F	14 Station - Trip Pod	11 180,00 €		9820x3620x2360	2189	
F4G-R1-19	7 Degree Smith	4 095,00 €		1300x2250x2130	185	

SERIE		Hoist Pin loaded			Pag.34
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-19A	Dual Action Smith	5 190,00 €		2420x2250x2120	290
F4G-R1-19B	Power Cage	2 040,00 €		1800x2190x2310	188

SERIE		Hoist Pin loaded		Pag.35	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-19C	Squat Rack	1 755,00 €		1750x1630x1910	136
F4G-R1-19D	Squat Press	2 160,00 €		1210x1710x2000	122
F4G-R1-20	Cable Crossover	4 155,00 €		910x3990x2410	310
F4G-R1-21	45 Degree Leg Press	2 805,00 €		2180x1320x1500	248

SERIE		Hoist Pin loaded		Pag.36	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-21A	Angled Linear Leg Press	4 095,00 €		2470x1560x1440	268
F4G-R1-22	Flat Olympic Bench	1 065,00 €		1960x1700x1300	68
F4G-R1-23	Incline Olympic Bench	1 155,00 €		1840x1700x1300	88
F4G-R1-23A	3-Way Olympic Bench	1 890,00 €		2010x1650x1430	105

SERIE		Hoist Pin loaded			Pag.37
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-24	Decline Olympic Bench	1 155,00 €		2110x1700x1300	75
F4G-R1-25	Preacher Curl	810,00 €		1170x870x910	54
F4G-R1-26	Back Hyper	620,00 €		1190x780x740	49
F4G-R1-27	Adjustable Incline Bench	580,00 €		1350x760x900	45

SERIE		Hoist Pin loaded			Pag.38
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-28	Flat Bench	400,00 €		1300x830x430	23
F4G-R1-29	Military Press	1 935,00 €		1520x1750x1780	141
F4G-R1-30	2-Tier Dumbbell Rack	915,00 €		2490x690x760	72
F4G-R1-31	Utility Bench	555,00 €		1250x760x950	23

SERIE		Hoist Pin loaded			Pag.39	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-31A	Utility Stool	435,00 €		760x700x430	11	
F4G-R1-32	Weight Plate Tree	735,00 €		830x580x1350	46	
F4G-R1-33	Barbell Rack	885,00 €		750x960x1540	66	
F4G-R1-34	Seated Calf Raise	1 305,00 €		1590x770x1030	58	

SERIE		Hoist Pin loaded			Pag.40	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-35	Super Flat/Incline Bench	690,00 €		1390x810x490	49	
F4G-R1-36	Super Flat/Incline/ Decline Bench	700,00 €		1520x810x490	55	
F4G-R1-37	AB Bench	670,00 €		1640x760x470	48	
F4G-R1-38	Vertical Knee Raise/Dip	1 080,00 €		1380x870x1700	70	

SERIE		Hoist Pin loaded			Pag.41
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R1-39	Fitness Tree	1 245,00 €	   	1380x1230x2580	96
F4G-R1-40	4-Side Olympic Tree	885,00 €		1100x1100x1300	83
F4G-R1-41	3-Tier Dumbbell Rack	1 020,00 €		2490x690x1000	114
F4G-R1-42	T-Arm Machine	1 185,00 €		1800x960x1200	58

SERIE		Hoist Pin loaded			Pag.42	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-R1-43	Motioncage Package 4 (without accessories)	6 900,00 €		5000x5000x2500	1200	
F4G-R1-44	Dual Cable Cross	3 190,00 €		1780x3100x2410	286	
F4G-R1-45	V Squat	2 730,00 €		1880x1420x1680	180	
F4G-R1-46	Leg Press	2 925,00 €		2060x1700x1400	184	

SERIE		Hoist Plate loaded			Pag.43
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R2-01	Seated Dip	2 070,00 €		1830x1340x1330	149
F4G-R2-02	Biceps Curl	2 055,00 €		1500x1400x1200	165
F4G-R2-03	Lat Pulldown	2 070,00 €		1930x1370x2180	186

SERIE		Hoist Plate loaded			Pag.44
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R2-04	Mid Row	2 055,00 €		1790x1340x1200	168
F4G-R2-05	Chest Press	2 070,00 €		2020x1340x1830	200
F4G-R2-06	Incline Chest Press	2 070,00 €		2290x1340x1430	194

SERIE		Hoist Plate loaded		Pag.45	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R2-07	Decline Chest Press	2 055,00 €		1850x1330x1430	196
F4G-R2-08	Dual Action Leg Press	2 985,00 €		2470x1280x1570	245
F4G-R2-09	Shoulder Press	2 055,00 €		2080x1340x1410	180

SERIE		Hoist Plate loaded		Pag.46	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-R2-10	Abdominals	2 055,00 €		1090x1060x1590	89
F4G-R2-11	Hack Squat/Dead Lift	2 985,00 €		2210x1500x1490	185
F4G-R2-12	Standing Calf Raise	2 055,00 €		1470x1330x2100	154
F4G-R2-13	Kneeling Leg Curl	1 785,00 €		1185x1345x1340	110

SERIE		Naugym Plate loaded			Pag.47
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-W01	Incline Chest Press	2 085,00 €		1735x960x1340	135
F4G-W02	Vertical Chest Press	2 085,00 €		1580x1010x1840	175
F4G-W03	Overhead Shoulder Press	2 085,00 €		1435x970x1436	121

SERIE		Naugym Plate loaded			Pag.48
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-W04	Lat Pulldown	2 085,00 €		1580x1010x1840	175
F4G-W05	Biceps Curl	2 085,00 €		940x1510x1600	139
F4G-W06	Triceps Extension	2 085,00 €		940x1510x1580	139

SERIE		Naugym Plate loaded			Pag.49
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-W07	Seated Dip	2 085,00 €		1355x1750x1045	121
F4G-W08	Deadlift/Shrug	1 935,00 €		1890x1775x800	96
F4G-W09	Four-Way Neck Machine	1 995,00 €		1260x1580x1550	120

SERIE		Naugym Plate loaded			Pag.50	
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)	
F4G-W10	Prone Leg Curl	2 085,00 €		1940x1050x750	94	
F4G-W11	Leg Extension	2 085,00 €		1680x1130x1290	97	
F4G-W12	Seated Calf	1 425,00 €		1500x790x990	66	

SERIE		Naugym Plate loaded			Pag.51
Item No	English Name	EUROPE (Euros)	Picture	Machine Size (L×W×H)mm	NW/GW (KG)
F4G-W13	Leg Press	3 510,00 €		2510x1710x1450	268
F4G-W14	Hack Squat	2 310,00 €		2310x1420x1170	162
F4G-W15	Compound Row	2 085,00 €		2350x890x920	136
F4G-W16	T-Bar Row	1 785,00 €		1780x925x980	96



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